

9th Week Michaelmas Term ~ Hall Menu 2016

MENU – JCR & MCR

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 8.00 – 10.00am							
Lunch 12.30 - 1.30 pm	Cumberland Sausage Ring with Onion Gravy Cheese Mash Spicy Tomato & Red Pepper	Beef Bolognaise Spaghetti Garlic Bread Spaghetti with Salsa Verdi & Rocket	Lemon & Rosemary Marinated Chicken with Tomatoes, Peppers, Olives, Capers & Chilli Vegetable Braised Rice Wild Mushroom & Herb Olive Oil Spaghetti	Steak Burgers in a Floured Bap with Cheese, Gherkins & Chipotle Sauce Chips Black Olive, Capers & Parsley	Herb-Crusted Cod-ling Roasted in Lemon & Garlic Butter with Provençal Sauce Frites Basil Pesto	Spare Rib Pork Shoulder Chop with BBQ Sauce Garlic & Rosemary Roast Potatoes	Turkey Schnitzel with a Mushroom & Smoked Bacon Cream Sauce Sauté Potatoes
Pasta Dish of the day							
Vegetarian Choice	<i>Chargrilled Quorn Sausage with Onion Gravy</i>	<i>Gnocchi with Roasted Vegetables & Red Pepper Sauce</i>	<i>Courgette and Feta Strudel</i>	<i>Beetroot & Lentil Burger in a Floured Bap with Cheese & Gherkins & Herb Mayo</i>	<i>Roasted Vegetable Pasta Bake</i>	<i>Sweet Potato, Celeriac & Squash Gratin</i>	<i>Roast Vegetable Lasagne & Garlic Bread</i>
Sweet of the day	<i>Profiteroles with chocolate sauce</i>	<i>Turkish Delight Cheesecake</i>	<i>Almondy Daim Tart</i>	<i>Coffee & Mandarin Gateau</i>	<i>Apple & Blackberry Crumble</i>	<i>Sweet Selection</i>	<i>Sweet Selection</i>
Dinner 6.00 - 7.15 pm	Garlic & Parmesan Breaded Chicken Breast with Tomato & Olive Salsa Herb Diced Potatoes	Slow-Cooked Pork with Stir-Fried Vegetables & Black Bean Sauce Sesame Egg Noodles	Spicy Beef & Mushroom Pizza Jacket Wedges Tomato, Rocket & Red Onion Salad	Tandoori Chicken with Coriander Yoghurt Mushroom Sticky Rice	Salmon, Cod & Seafood Risotto Mixed Leaf Salad	Beef Chilli & Corn Nachos Bake Jacket Wedges	Lamb Koftas with Spicy Tomato Sauce & Mint Yoghurt Rice
Vegetarian Choice	<i>Stuffed Red Pepper with Roast Vegetable Cous Cous & Cheese</i>	<i>Tofu Stir-Fry with Stir-Fried Vegetables & Black Bean Sauce</i>	<i>Margherita Pizza</i>	<i>Tandoori Gobi Aloo</i>	<i>Spanish Tortilla</i>	<i>Quorn & Bean Chilli Nachos Bake</i>	<i>Quorn & Pepper Ragout with Smoked Paprika & Soured Cream Sauce</i>

Soup of the Day, Vegetables and Jacket Potatoes Served Daily

Please note: this menu is subject to change depending on availability. Sweet of the day will be on a first come, first served basis. Fruit salad & other sweets will be available. We provide menus daily to include any allergen information – these are on display during service times. Please be aware there may be a short wait for Pasta during busy times. Please contact a member of staff for more information