1st Week Trinity Term ~ Hall Menu ~ 29 April-5 May 2019

MENU - JCR & MCR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Burger Day	raccaay	Healthy Lunch	a. oday	, , , aay	Jalaraay	Juliady
		Wednesday				
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Spicy Chicken Burger with Cheese & Salsa	Sea Bass Teriyaki	Piri Piri Chicken	Shortcrust Pastry	Chorizo, Cod &		ST HUGH'S
China	Sesame Egg Noodles	Jacket Sweet Potato	Machael Batata	Prawns	BRUNCH	<u>BRUNCH</u>
Cnips	Stir-fried Broccoli &	Chives	Washed Potato	Peas	9 00 44 20	10.30-1.30
Red Cabbage Slaw Sweetcorn	Bok Choi	Corn on the Cob	Roasted Carrots Green Beans	Roasted Vegetables	(NB Times)	10.30-1.30
		Red Onion Salad			EGG, BACON	EGG, BACON SAUSAGE,
Broad Bean Burger with Nectarine Salsa (Vegan)	Teriyaki Tofu Stir Fry (Vegan)	Kale Salad with Chickpeas and Spicy Tempeh Bits (Vegan)	Mediterranean Bean Stew Potato Griddle Cakes (Vegan)	Roasted Sweet Potato and Cauliflower Hummus Wraps (Vegan)	TOMATO, BAKED BEANS,	TOMATO, BAKED BEANS, HASH BROWNS,
		(rogan)	(vogan)	(vogan)	MUSHROOMS &	MUSHROOMS & VEGETARIAN
Baked Stuffed Aubergine with	Macaroni Cheese with Garlic Bread	Falafels with Pitta Bread and	Courgette and Feta Strudel	Cheese Tortellini in a Red Pepper Sauce	SAUSAGE	SAUSAGE
Parmesan Cheese (Vegetarian)	Salad (Vegetarian)	Tzatziki (Vegetarian)	(Vegetarian)	(Vegetarian)	TOAST CROISSANT	TOAST CROISSANT
					 ■ WAFFLE WITH	WAFFLE WITH
Lamb Kofta Meatballs	Farmed Hall	<u>Italian Night</u>	<u>Curry Night</u> Thailand	Breaded Pork Milanese	BUTTERSCOTCH	BUTTERSCOTCH OR CHOCOLATE
with Spicy Tomato Sauce & Mint Yogurt	Formai Haii	Beef Lasagne	Thai Chicken Curry	with Rich Tomato & Basil Sauce	SAUCE	SAUCE
Rice		Garlic Bread	lasmine Rice	Herby New Potatoes		
		Rocket, Tomato and	Stir-fry Vegetables	Savoy Cabbage		
Courgettes and Red Pepper Charred Pitta Bread	Early Hall 5-6pm	Olive Salad Sautéed Leeks		Mixed Vegetables		
Quarn & Bannar Katta		Gnoschi with	Vogan Pad The	Sun-dried Temate 9		
(Vegan)		Roasted Vegetables & Basil Pesto Sauce (Vegan)	(Vegan)	Broccoli Pasta (Vegan)		
Vegetable Goulash with Smoked Paprika & Soured Cream Sauce (Vegetarian)		Aubergine Pasta Alla Norma (Vegetarian)	Butternut Squash & Spinach Curry with Coconut Milk (Vegetarian)	Stuffed Potato Skins with Cheese & Onion (Vegetarian)		
	Burger Day Spicy Chicken Burger with Cheese & Salsa Chips Red Cabbage Slaw Sweetcorn Broad Bean Burger with Nectarine Salsa (Vegan) Baked Stuffed Aubergine with Parmesan Cheese (Vegetarian) Lamb Kofta Meatballs with Spicy Tomato Sauce & Mint Yogurt Rice Courgettes and Red Pepper Charred Pitta Bread Quorn & Pepper Kofte (Vegan) Vegetable Goulash with Smoked Paprika & Soured Cream Sauce	Spicy Chicken Burger with Cheese & Salsa Chips Red Cabbage Slaw Sweetcorn Broad Bean Burger with Nectarine Salsa (Vegan) Baked Stuffed Aubergine with Parmesan Cheese (Vegetarian) Lamb Kofta Meatballs with Spicy Tomato Sauce & Mint Yogurt Rice Courgettes and Red Pepper Charred Pitta Bread Quorn & Pepper Kofte (Vegan) Vegetable Goulash with Smoked Paprika & Soured Cream Sauce	Spicy Chicken Burger with Cheese & Salsa Chips Red Cabbage Slaw Sweetcorn Broad Bean Burger with Nectarine Salsa (Vegan) Baked Stuffed Aubergine with Parmesan Cheese (Vegetarian) Lamb Kofta Meatballs with Spicy Tomato Sauce & Mint Yogurt Rice Courgettes and Red Pepper Charred Pitta Bread Quorn & Pepper Kofte (Vegan) Sea Bass Teriyaki Sesame Egg Noodles Stir-fried Broccoli & Bok Choi Sesame Egg Noodles Stir-fried Broccoli & Chives Corn on the Cob Red Onion Salad Teriyaki Tofu Stir Fry (Vegan) Kale Salad with Chickpeas and Spicy Tempeh Bits (Vegan) Falafels with Pitta Bread and Tzatziki (Vegetarian) Formal Hall Beef Lasagne Garlic Bread Rocket, Tomato and Olive Salad Sautéed Leeks Courgettes and Red Pepper Charred Pitta Bread Quorn & Pepper Kofte (Vegan) Vegetable Goulash with Smoked Paprika & Soured Cream Sauce Vegetarian) Aubergine Pasta Alla Norma (Vegetarian)	Spicy Chicken Burger with Cheese & Salsa Chips Sea Bass Teriyaki Sesame Egg Noodles Stir-fried Broccoli & Bok Choi Sesame Egg Noodles Stir-fried Broccoli & Corn on the Cob Red Onion Salad Red Onion Salad Sesame Egg Noodles Stir-fried Broccoli & Bok Choi Sesame Egg Noodles Stir-fried Broccoli & Corn on the Cob Red Onion Salad Mashed Potato Roasted Carrots Green Beans Seam Stew Potato Griddle Cakes (Vegan) Sesame Egg Noodles Sesame Egg Noodles Stir-fried Broccoli & Roasted Carrots Green Beans Seam Stew Potato Griddle Cakes (Vegan) Sesame Egg Noodles Seam Stew Potato Griddle Cakes (Vegan) Seam Stew Potato Griddle Cakes (Vegan) Strudel (Vegetarian) Strudel (Veg	Burger Day Healthy Lunch Wednesday	Spicy Chicken Burger with Cheese & Salsa Chips Stir-fried Broccoil & Bok Chol

Please note: this menu is subject to change depending on availability. Sweet of the day will be on a first come, first served basis.

We provide menus daily to include important information regarding allergens and dietary requirements: St Hugh's College is not in a position to guarantee a completely allergen free environment, but aims to minimise the risk of exposure. We encourage individuals to take responsibility for themselves, and plan for effective response to possible emergencies.

Please note that by informing us of your allergens and/or dietary requirements, you acknowledge our right to process this information, and confirm that you will be expected to grant us explicit consent to hold this information