## MENU – JCR & MCR

<table>
<thead>
<tr>
<th>Breakfast 8.00 – 10.00 am Monday-Friday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday Healthy Lunch Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Lunch Served 12.30 - 1.30 pm</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Dish of the Day (Lunch time only)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Please check out the specials board for today's dish of the day</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Fruit Salad &amp; Puddings Served Daily</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### MONDAY
- Chicken & Jalapeño Quesadilla
- Spicy Jacket Wedges
- Roasted New Potatoes
- Coriander & Lime Slaw
- Quesadilla with Chargrilled Pepper, Mushrooms and Refried Beans (Vegan)
- Butter Bean & Vegetable Soup with Ciabatta Bread (Vegetarian)

### TUESDAY
- Crispy Panko Hake Fillet with Tomato, Lemon & Olive Salsa
- Roasted New Potatoes
- Broccoli Petit Pois
- BBQ Jackfruit Sandwich with Avocado Slaw (Vegan)
- Creamy Tomato Pasta Bake (Vegetarian)

### WEDNESDAY
- Soy, Ginger & Spring Onion Stir-Fry Beef
- Sesame Noodles
- Spring Rolls
- Sweet & Sour Mushrooms (Vegan)
- Vegetable Dumplings (Vegetarian)

### THURSDAY
- Roast Chicken with Apple, Sage & Onion Stuffing
- Roast Potatoes
- Roasted Carrots
- Cauliflower Cheese
- Cream of Tomato Soup with Sourdough Bread (Vegetarian)

### FRIDAY
- Freshly Battered Haddock with Tartar Sauce
- Frites
- Peas
- Leaf Salad
- Country Vegetable Bake with Tomato Sauce (Vegetarian)

### SATURDAY
- **ST HUGH’S BRUNCH**
  - In Wordsworth Tea Room (DPB)
  - 10.30-1.30
  - EGG, BACON SAUSAGE, TOMATO, BAKED BEANS, MUSHROOMS & VEGETARIAN SAUSAGE
  - TOAST CROISSANT
  - WAFFLE WITH BUTTERSCOTCH OR CHOCOLATE SAUCE

### SUNDAY
- **ST HUGH’S BRUNCH**
  - 10.30-1.30
  - EGG, BACON SAUSAGE, TOMATO, BAKED BEANS, MUSHROOMS & VEGETARIAN SAUSAGE
  - TOAST CROISSANT
  - WAFFLE WITH BUTTERSCOTCH OR CHOCOLATE SAUCE

### DINNER SERVED 6.00 - 7.15 pm
- **Formal Hall**
- Early Hall 5-6pm
- **New Graduates Dinner**
- **No Early Hall**

### ITALIAN NIGHT
- **Italian Night**
- **Early Hall 5-6pm**
- **New Graduates Dinner**
- **No Early Hall**

Please note: this menu is subject to change depending on availability. Sweet of the day will be on a first come, first served basis.

We provide menus daily to include important information regarding allergens and dietary requirements: St Hugh’s College is not in a position to guarantee a completely allergen free environment, but aims to minimise the risk of exposure. We encourage individuals to take responsibility for themselves, and plan for effective response to possible emergencies. Please note that by informing us of your allergens and/or dietary requirements, you acknowledge our right to process this information, and confirm that you will be expected to grant us explicit consent to hold this information.