

## Isolation Menu Week 1

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>Breakfast (Delivered with Dinner the Night Before)</b>	Porridge, Fresh Fruit, Danish Pastry, Orange Juice, Water	Croissant with Jam, Piece of Fruit, Cereal Bar, Orange Juice, Water	Porridge, Fresh Fruit, Danish Pastry, Orange Juice, Water	Croissant with Jam, Piece of Fruit, Cereal Bar, Orange Juice, Water	Porridge, Fresh Fruit, Danish Pastry, Orange Juice, Water	Croissant with Jam, Piece of Fruit, Cereal Bar, Orange Juice, Water	Porridge, Fresh Fruit, Danish Pastry, Orange Juice, Water
<b>Lunch Mon-Fri (Delivered Between 12-1pm &amp; Will Consist of a Sandwich, Crisps, Cake, Water &amp; Fruit)</b>  <b>Lunch Sat-Sun (Delivered Between 12 -1pm &amp; Will be a Hot Meal with Dessert &amp; Water)</b>	Ham & Cheddar on Granary  Or  (v) Cheese Ploughman's on Granary	Chicken Mayonnaise on Wholemeal Bread  Or  Coronation Chickpea on Granary (Vegan)	Tuna & Sweetcorn on Oatmeal  Or  (v) Brie and Chutney on Granary	Coronation Chicken on White  Or  (v) Egg & Cress on Softgrain	BLT on Granary  Or  Sweet & Spicy Pakora on White (Vegan)	Chicken Stroganoff  Herbed Rice  Carrots Green Beans  Roasted Sweet Potato and Cauliflower Hummus Wraps (Vegan)	Beef Chilli with Guacamole, Salsa Cheese  Rice  Sweetcorn Mixed Leaf Salad  Bean Chilli (Vegan)
<b>Dinner Mon-Fri (Delivered Between 17.30-18.30 &amp; Will be a Hot Meal with Dessert &amp; Water)</b>  <b>Dinner Sat-Sun (Delivered Between 12-1pm &amp; Will Consist of a Noodle Pot, Crisps, Cake, Water &amp; Fruit)</b>	Crispy Sweet & Sour Chicken  Rice  Spring Rolls  Vegetable Dumplings with Sweet Chili Sauce (Vegan)	Smoked Haddock Fishcakes with Curry Sauce  Broccoli Carrots  Marinated Portabella Mushroom Top with Herb Oil Roasted Vegetables (Vegan)	Creamy Tuscan Garlic Chicken  Tagliatelle  Ratatouille  Spaghetti Puttanesca with Red Beans and Spinach (Vegan)	Lamb Tagine  Cous Cous  Sweetcorn Savoy Cabbage  Vegetable Tagine (Vegan)	Roasted Salmon Supreme with Tomato & Dill  New Potatoes  Peas Broccoli  Spaghetti with Salsa Verde & Rocket (Vegan)	Noodle Pot	Noodle Pot

Please note: this menu is subject to change depending on availability.

We provide menus daily to include important information regarding allergens and dietary requirements: St Hugh's College is not in a position to guarantee a completely allergen free environment, but aims to minimise the risk of exposure. We encourage individuals to take responsibility for themselves, and plan for effective response to possible emergencies.

Please note that by informing us of your allergens and/or dietary requirements, you acknowledge our right to process this information, and confirm that you will be expected to grant us explicit consent to hold this information