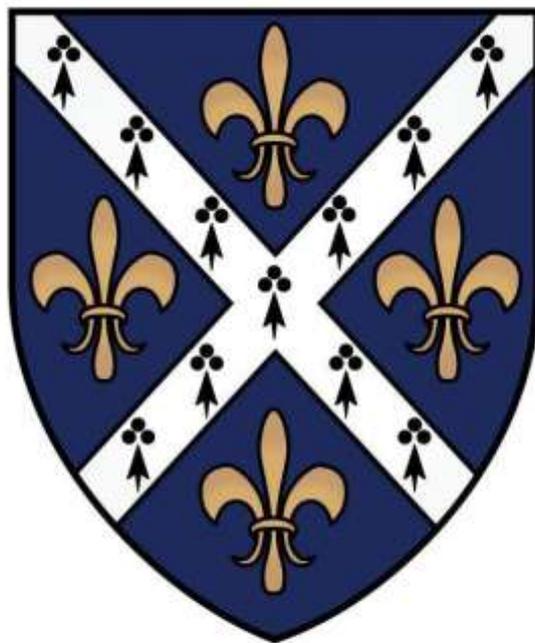


St Hugh's College MCR



Freshers' Guide

2021-22



Welcome!

Dear St Hugh's MCR freshers,

First of all, congratulations! Making it to Oxford is no small feat, and not only that, but you have also made it into the best college in the University! We are all so excited to welcome you here, and I'm sure that from different backgrounds, each of you will bring something special to our community.

St Hugh's is a thriving place, where learning and research go together with enjoyment and fun. First founded for women from lower-income families, we continue to uphold these principles of equity and inclusion. We are proud of our extremely varied student body, which reminds us every day of how diversity is an asset. No matter who you are or where you come from you belong here! During your time here, you will be able to carve your own unique and special Oxford experience, and in doing so, will also leave an indelible mark in this ancient place.

My name is Ricardo, and I am the current President of our MCR. As a committee, we host events and parties, communicate with the college administration, and help organise campus life in general. We truly hope that St Hugh's will be a source of support and respite during your degree, as well as a source of lifelong friendships. If at any point, you have questions or need help, please feel free to reach out by email or message, or just approach me in person!

Once again, we are so happy and excited to welcome you to Oxford and St Hugh's very soon!

With all my best wishes,

Ricardo de Luca e Tuma (he/him)
Graduate-entry Medic
President of St Hugh's MCR



Getting Started

Freshers' Week

The MCR Committee is working hard to plan events for Freshers' Week. We hope the week will be as 'normal' as possible. However, even if there are some covid restrictions in place, the MCR Committee will ensure you have a fun and exciting start to your Oxford experience. The week will include events such as drinks parties, formal gatherings in the MCR garden, pub crawls, scavenger hunts, walking tours of Oxford and the surrounding countryside and so on. If necessary, there will also be a series of virtual events to ensure a smooth transition to Oxford life, especially for those who may still be required to quarantine for two weeks upon arrival in the UK.

Your Department

For graduate students, the most important commitments in *noughth week* (the first week of term, starting 4th October) will be set by their departments. If you have questions related to your course, contact your departmental director of graduate studies or course advisor.

MCR

The MCR exists to provide an (occasionally healthy) antidote to all the work you've let yourself in for. The MCR house is located at 87 Banbury Road and serves as a common space for all graduate students to relax and meet each other. We also have a large garden that can be used for outdoor events. The best way to keep track of what's going on is to join the MCR Freshers Facebook page "St Hugh's MCR Freshers 2021" at <https://www.facebook.com/groups/5273941106010299>



About St Hugh's

History

St Hugh's was established in 1886 as a college for "women of lesser means", and first began accepting men in 1986. The college was founded by Elizabeth Wordsworth, the great-niece of the famous poet, William Wordsworth. She named the college after Hugh of Avalon, who was canonized in 1220. Her purpose in founding the college was to give women the opportunity to receive an Oxford education. St Hugh's is now one of the larger colleges at Oxford University, with around 500 graduates and 440 undergraduates, and a good mix of both men and women. Notable graduates of St Hugh's include Human Rights Lawyer Amal Clooney and the former British Secretary of State Barbara Castle.

The Dickson Poon China Centre

Those of you who heard or read about Prince William's visit to our college might know what the whole fuss is about. The grand opening of the University's new China Centre, the Dickson Poon Building, was celebrated with a ribbon-cutting ceremony featuring His Royal Highness, Dickson Poon (the main donor), and the College Principal. Apart from being famous and photographed by hundreds of paparazzi, the building combines various academic functions. Located in the middle of St Hugh's grounds, it also contains MCR accommodation so some of you may happen to live or visit your friends there.

Graduate Students

St Hugh's accepts graduate students from most of the programmes offered by the University. Many of the new students you meet will be here for one-year masters courses. These range from **MBA**s (the future millionaires' club), **PGCE**s (trainee teachers who don't give up their summer holidays easily), and academic masters in all disciplines studying for **MSt**s or **MPhil**s. At most other universities these are called **MA**s and **MSc**s.

Returning students will most likely be in **DPhil** programmes, known more commonly as **PhDs** at other institutions. These poor souls enjoy the academic life so much they have signed up for another 3-4 years of studentdom.



Who's Who

Principal: Dame Elish Angiolini

The Principal is the head of college, ultimately responsible for all that takes place within its walls. While direct contact with the Principal is limited, you may be invited to her house or garden at some point this year. Dame Elish previously served as the first female Lord Advocate of Scotland.

Most likely to be... saying grace at Formal Hall.

Can be found... in her office in main building.

Academic Registrar: Thea Crapper

The Academic Registrar is your first point of contact for all academic matters in college. She is also the disability contact and the person to email if there are problems with exams or submissions. She can put you in touch with the Senior Tutor, Professor Vilain.

Most likely to be... working very hard for students to make sure all is going well with their degree.

Can be found... in the College Office in the main building

Contact: thea.crapper@st-hughs.ox.ac.uk; college.office@st-hughs.ox.ac.uk

Senior Tutor: Professor Robert Vilain

Appointments with Professor Vilain should be made by contacting Thea Crapper, the Academic Registrar.

Dean: Dr Damian Jenkins

The Dean is responsible for discipline in College. He heads the decanal team of an assistant and four junior deans, who are all graduate students and whose job is to prevent fun in inappropriate places.

Most likely to be... laying down the law to any misbehaving students.

Can be found... if you're up to no good, you don't find him, he finds you...

Accommodation Manager: Magdalena Robinson

Magdalena is your first contact for all accommodation issues within College. Always best to find her in her office rather than email.

Most likely to be... juggling all the room bookings in College.

Can be found... in her office in main building, by the entrance.

Contact: accommodation.manager@st-hughs.ox.ac.uk

Estates Manager: Colin Bailey

Door knobs, chairs, walls, windows: if anything breaks, Colin Bailey is the man in charge of getting it fixed. Fill in the online form and it rarely takes more than 24 hours to get sorted.

Most likely to be... holding College together.

Contact: fill in the online maintenance form: [Maintenance Request Form - St Hugh's College \(ox.ac.uk\)](https://www.st-hughs.ox.ac.uk/maintenance-request-form)

Domestic Bursar: Rahele Mirnateghi

Rahele is responsible for catering and household matters at St Hugh's, from the sandwiches at lunchtime to the high table menu at Formal Hall.

Most likely to be... deciding what you're going to be eating in the hall.

Can be found... in her office in main building.

IT people: The IT office is in the Main Building, by the corridor to the other college offices. They are primarily there to help with any problems that can't be solved on your own. Go and visit them, or contact it-services@st-hughs.ox.ac.uk.

Porters: The Porters are responsible for the security of college. They are the key holders to all rooms, and the first port of call, should you be living in college, to pick up and deposit your room keys (when you move out). They also sort the post, delivered to your pigeonhole in the lodge. You've got a pigeonhole whether you live in college or not. You can ring the Lodge to make an anonymous noise complaint if you're being disturbed. The Porters are very friendly and incredibly helpful!

Scouts: For those living in college, the scouts will normally clean your rooms once a week (although this is subject to Covid restrictions). They will vacuum floors, empty bins and clean bathrooms. It's always better to be on good terms with your scout; if you want to make any special arrangements about room cleaning (fortnightly instead of weekly or whatever) they are very approachable. Communal facilities are cleaned daily (Mon-Fri).

Gardeners: The gardeners are almost always to be found busying themselves in the flower beds or riding around on their little quad bikes. You may well not have much to do with them, but if you are a keen gardener, I'm sure they would be more than happy to have a chat!

Nurse & Wellbeing Coordinator: Although most students will never see the nurse during their stay at St Hugh's (and we hope you are one of them), she will help you if you get sick, or want a chat, and can also refer you to your GP. See the website for surgery hours.



Health

Healthcare

As previously mentioned, it is **VERY** important to register with a doctors' surgery when you first arrive; **ideally, do it before Freshers' Week!** If you aren't registered with a medical practice and become ill later in the year, it becomes very complicated very quickly.

Summertown Health Centre

You must register with a doctor in Oxford. The College-linked surgery is Summertown Health Centre: www.summertownhealthcentre.co.uk (01865 515552), located at the traffic lights on the corner of Banbury Road and Marston Ferry Road. If you're living outside of college, there might be a better option closer to where you live: check out www.nhs.uk/servicedirectories.

Summertown Health Centre is also the nearest travel clinic if you need injections or a prescription for medication necessary for exotic travel. Just book an appointment in plenty of time before you travel.

College Surgery

College has its own surgery on the first floor of the Mary Gray Allen (MGA) building, staffed by a dedicated college nurse: Sarah Dragonetti.

Email: nurse@st-hughs.ox.ac.uk

The nurse's hours are online. The nurse is joined on Mondays 8:30-10:00am during term time by the College Doctors, Dr Siobhan Becker and Dr Charlie Luo, from Summertown Health Centre.

Chemists / Pharmacies

There are several chemists around town, including two in Summertown and a big Boots on Cornmarket Street. The closest is the Woodstock Road Chemist, at 59 Woodstock Road (slightly south of the college).

The MCR stocks condoms and lube in a tin in the main room. For pregnancy tests, attack alarms, and other health and welfare products, please drop an email or speak to one of our student welfare officers.

Dentists

For regular appointments, college recommends undergraduates use their home dentist. While that may well also apply to UK students on one-year masters courses, international students and those on a longer-term degree should consider signing on with a local dentist.

As with other healthcare, it's well worth getting sorted with a dentist soon after you arrive, rather than waiting until an emergency.

There are a few NHS dentists around: Studental: www.studental.co.uk, 01865 484608, based on the Oxford Brookes campus in Headington, is your best bet for emergency treatment.

First Aid

Porters' Lodge: 01865 274 900

The porters are all trained in first aid and must be contacted in the event of all emergencies. If necessary, they will call an ambulance to the nearest accident and emergency (A&E) department, normally the John Radcliffe (JR) hospital about 10 minutes away.

NHS 111

This telephone service is a useful first contact point if you're not sure where else to go, or if the college facilities are closed. Calls (dial 111) are free and you will be put through to a nurse who will ask you what's wrong and advise on the next course of action.

First Aid Kits

There is a first aid kit in the bottom drawer in the MCR kitchen below the sink. If you use anything or notice something is missing, please get in touch with one of the welfare reps. If you are interested, we may be running basic first aid training courses at some point during the year.



Welfare & Support

As a member of College, there is a wealth of services and resources available to you, covering any potential health, emotional or academic issue. There is no order of services you should try, just go for whichever you feel most comfortable with. All welfare issues are handled with the utmost confidentiality and discretion.

Personal Welfare

College Nurse & Wellbeing Coordinator

The College Nurse (nurse@st-hughs.ox.ac.uk) is Sarah Dragonetti; her surgery is on the first floor of MGA. In addition to health advice, Sarah is happy to see students to discuss personal and welfare issues.

College Counsellor

The college counsellor (counsellor@st-hughs.ox.ac.uk) is based in college and part of the wider counselling service offered by the university. Elizabeth is available for both one-off appointments and longer-term regular sessions.

The Chaplaincy

The College Chaplain is the Reverend Dr Shaun Henson: shaun.henson@st-hughs.ox.ac.uk. He is available for advice on all issues and is by no means restricted to a particular religious denomination.

MCR Welfare Officers

The MCR Committee has two Welfare Officers: **Jake Fawkes and Michelle Ma**. Their job is to provide information and support to any members of the MCR who require it. If they can't personally help you, they can certainly advise on the best place to find the necessary assistance.

Peer Support

Peer Support is an initiative run by the Counselling Service whereby students are trained in counselling skills and confidential listening. Peer supporters are well trained in dealing with any issue from relationships to exam stress. Lists of peer supporters are displayed around the College buildings, and you can ask one of our welfare reps to point you in the right direction.

Nightline: 01865 270270

Nightline is a telephone advice service run by Oxford SU during term time (0th –9th weeks), from 8pm until 8am. Staffed by specially trained students, Nightline is where to turn in the middle of the night if you feel in need.

If you wish to discuss a matter with someone unconnected to St Hugh's, can register for the central University counselling service: counselling@admin.ox.ac.uk, 01865 270300.

Academic support

Academic matters are best dealt with by contacting the Academic Registrar, Thea Crapper, in the first instance; Thea can also put you in touch with the Senior Tutor.

College Advisors

In addition to your supervisor (if you are on a research degree), all graduates are assigned an academic advisor, a fellow of the College (member of the teaching staff) who is in your field of study but not directly related to your course. You may have little to do with them during your time in Oxford, but they are there to support you in the event of academic problems. It is well worth arranging a meeting early on in your course; it is far easier for them to help if they know who you are!

They are also a good source of information about funding and some may offer teaching opportunities should they arise. Depending on your relationship, they can also provide references, should you eventually decide to get a job.

Your Department

In your department, the director of graduate studies or course convenor will be helpful, and some departments also have student representatives. For those on a DPhil programme, your supervisor or research group members may also help.

Financial Matters

Oxford is a disproportionately expensive city in which to study. Living costs vary with your lifestyle, but a bare minimum of £900 a month all-in should be about allowed for, or £100 a week excluding rent.

Student Support

General financial advice is available from the bursar's office. Should your financial situation change suddenly, you can apply for college hardship funds. Claims are made by filling in a form on the website. In 5th Week each term the Student Support Committee, attended by the welfare officers, decides how to allocate funds. Preference is given to academic needs.

Travel Grants

There is additional money available to fund academic travel such as conferences and field work. Applications are reviewed once per term at the Student Support Committee meeting. The bursar's office sends out an email with the application form in the beginning of term, so watch out for this.



Facilities & Services

Food

Hall

From noughth to ninth weeks, the dining hall provides three meals a day during the week and brunch at weekends. The quality is generally good, the selection varied, and the prices low (£3-4). There are always vegetarian options and many dietary requirements can be accommodated (though you will have to let the kitchen staff know in advance). Look online for opening times: www.st-hughs.ox.ac.uk/current-students/food/

Services

Bod card

Your **Bod card** is about the most valuable thing you will own in Oxford. It is all the following:

- Library card for most of Oxford's libraries
- Student ID for free access to all Oxford sights/Colleges/shop discounts
- Swipe card for access to College and your department
- Debit card for paying for meals (in College)

The University charges £15 for reissues of lost **Bod cards**, so it's important to keep it safe. If you don't succeed, a new one can be ordered [through the University's online store](#).

Library

When St Hugh's was founded as a women's college, women were not allowed in the Bodleian library. The college library was thus constructed to compensate for this, and it is now one of the largest and best stocked of all the Oxford college libraries.

In some courses you will get a list of books 'your college library should have'. If you find that you are in need of one of these books, and the library does not stock it, they can be ordered (in most cases) through your college advisor writing a note to the librarian, or by using the online book suggestion form www.st-hughs.ox.ac.uk/currentstudents/library/book-suggestion-form

Laundry

MCR laundry facilities are in the MCR, through the kitchen, and in 13 Canterbury Road on the ground floor. Washing costs £2.20 and the dryers about £1.20; payment is contactless (not your bod card). Please be considerate while using the laundry facility. There are also laundry rooms in Maplethorpe Building, mainly for undergraduate use.

Post

Letters and parcels, etc. can be sent to the college address: **[First name Surname], St Hugh's College, St Margaret's Road, Oxford, OX2 6LE** – do not use your room number. Each student has a pidge (mailbox) in the lodge where post will be put by the porters. If an item is too large or has been signed for, a sticker will be placed on your pidge. Hand the sticker to a porter and show your **Bod card** to collect the item. Please collect items promptly, as there is very limited storage space in the lodge.

Computing Matters

Getting on to the network

To get access to the Oxford University and College network, you will need to register with your username (shug1234 number) and the barcode number on your bod card.

Email

Your college email address will be `firstname.lastname@st-hughs.ox.ac.uk`. This account can be accessed via the Nexus webmail server: `nexus.ox.ac.uk/owa`, for which you will need your single sign-on username and password. Don't forget to sign up to the MCR mailing list: send a blank email from your college email address to hughs-mcr-subscribe@maillist.ox.ac.uk.

Wireless

To use the wireless network, you need to have signed up for a Remote Access Account, which you can do at <http://www.oucs.ox.ac.uk/registration>. You will also need to download the VPN client software from the 'downloads' section of the link mentioned above. You can use Eduroam throughout College. For Apple iOS devices (including iPhones and iPads), you must use the configuration tool at cat.eduroam.org.

Printing

In the MCR we have a computer room with a printer, as well as working space and a cosy couch to relax on. Every student gets a printing credit of £25 on arrival, and you are billed for anything over this.

The MCR provides environmentally friendly paper for printing but depending on how responsible we all are in using this service, you may have to provide your own paper when MCR stocks run out. The printer doubles as a scanner too. To log into the computers, use your username (shug1234).



Getting Around

Cycling in Oxford

Public transport is quite expensive in Oxford, which is why most students choose to get around by bike. One must be careful though: in the UK, cycling is not quite as common as in other countries, and drivers don't take as much care as you might expect. Hence it makes sense (and you happen to be required by law) to have bike lights when cycling in the dark, which you can get cheaply from the numerous bike shops in town. You should also consider buying a helmet.

Buying a Bike

Finding the right bike can be a tiresome business, especially at the beginning of the academic year when used bikes are high in demand. There are several bike shops in Oxford. Some recommended shops are Summertown Cycles (Summertown, 15min walk north from St Hugh's), Walton Street Cycles (closest to college, 5min walk in Jericho) and Bike Zone in the city centre. The first two sometimes sell used bikes too, though at comparably high prices. For a decent basic new bike, you should expect to pay at least £200. Bikes that come for much less than that (like from a shop called Cycle King) won't last you very long. People have reported rusted chains and frames, dysfunctional brakes, and broken forks after a few months of use. Used bikes can be found on gumtree.co.uk, dailyinfo.co.uk, and by googling for used/reconditioned/recycled bikes in Oxfordshire. Ebay may also be an option (search only within Oxford). There are several services selling used bikes done up to a decent working condition and delivering it to your house. They generally do a good job and have decent prices, ranging from £50 - 70 for older no-name bikes to £80-120 for working condition classic branded town and road bikes. Nicer ones will get more expensive.

Keeping your Bike

Hanging on to your bike is not so easy either as bike theft is a problem in Oxford. People steal bikes everywhere (in town, from college grounds, at the train station), even really crappy ones. Make sure you get a nice and sturdy lock and you always lock your bike to something like a fence or lamppost, in a lit area, and with CCTV protection if available. Some people choose to tape over the make name if it's a well-known brand. You can also register your bike with the police (via the Porters' lodge). Placing a registration sticker on your bike sometimes helps in deterring theft.

Maintaining your Bike

There is a bike pump at the Lodge and the Porters keep some WD40 for jammed locks.

Other Means of Transportation

Not everyone is a fan of cycling, and owning a bike is by no means necessary to survive in Oxford. So if you don't want to jump on the saddle, here's some basic information about other ways of getting around.

Cars

If you're thinking about bringing a car to Oxford or buying one here, think again. Fuel is expensive in the UK, so driving around in your own car is a pricey undertaking. But more importantly, parking in Oxford is almost impossible. Almost all streets in Oxford (including around St Hugh's) are zoned, meaning that you cannot park there for more than a few hours at a time without a resident parking permit. The tricky thing is that you can't get a resident permit if you live in college (the city just won't give you one). Parking on college grounds is only possible with the express permission of the Dean, and he is unlikely to grant one willy-nilly. So do think twice before bringing your car and ending up having to leave it in the next village.

Buses

Buses in Oxford are frequent but expensive. If you're living in college, any Line 2 or 6 or S3 or S2, or S5 bus will take you to the center and back to college. Line 14 runs from college to the train station, except for Sundays.

Buses are one of the best and cheapest ways of getting around in the country. If you've come by plane, you've probably already taken one of the many airport buses. For going to London check out the Oxford Tube (oxfordtube.com), a service to London Victoria that runs every 10 minutes or so, and throughout the night. For buses to other destinations, have a look at nationalexpress.co.uk. All non-local buses leave from Gloucester Green bus station.

Trains

Trains in the UK, what can you say? You probably all know the story – after privatization everything went downhill. Nevertheless, they can be useful alternatives if you book in advance (otherwise they are just outrageously expensive). Schedules can be consulted and tickets can be booked at nationalrail.co.uk. Students in full-time education can get a 16-25 or a 26-30 railcard, which gives about 33% off on most fares (regardless of age). www.railcard.co.uk

Taxis

Sometimes walking/cycling/taking the bus is just too burdensome. So when you do want to get a cab, keep this in mind: there are two different taxi systems operating in the UK. First, you have the famous spacious taxis that everybody knows from the movies (the 'Hackney Carriages'). You'll find these taxis waiting at the train station and designated spots around town. It's also possible to just wave at them on the street and if they are free they can pick you up right there. A ride from the train station to college will cost you around £10.

Secondly, you have the 'minicabs' or 'private hire cars'. They are much cheaper than the Hackney Carriages, but you have to order them in advance. Plenty of minicab companies operate in Oxford and they can usually pick you up from anywhere in about 10 minutes. Two such companies are Royal Cars (01865 777333) and A1 Taxis (01865 248000), however others can be found by googling 'minicab Oxford' or 'private hire Oxford'. A trip from the train station should be £5-6.



The MCR

The MCR (Middle Common Room) is two things: the graduate student body of college, and the physical building at 87 Banbury Road which we use as a common room. Together with the JCR (the Junior Common Room – the undergrads) and the SCR (the Senior Common Room – the fellows) we make up the academic community of St Hugh's. The role of the MCR is to provide an antidote to all the hard work you will end up doing during your time at Oxford, as well as to represent your interests to college.

Facilities

Although not as old as some colleges' MCRs, we are certainly very well equipped. In the lounge we have Sky TV (with sports and movies), a whole stack of games consoles and a range of games, books, and wonderfully comfy chairs. Movie nights and other chilled-out events take place here, and it is generally a good place for a chat and a cup of tea.

The party room plays host to the larger events: specialty food nights, casino nights and end of term parties are held here. Also located in the MCR building, opposite the party room by the front door, is the computer room. Adjacent to the kitchen is one of the two MCR laundry rooms, which also contains a dishwasher.

It's important to remember that if you use the MCR facilities, it's your responsibility to tidy up after yourself. If you leave a half-empty beer can on the table or a dirty mug by the sink, it will stay there - the scouts will not wash up for you. We rely on everybody respecting the shared facilities for them to keep operating - please treat them as you would your own home. Or even better, as you would treat somebody else's home. Somebody else's home who you were trying to really impress with how responsible an adult you are. Thanks!

Events

Throughout the year the MCR committee organises many events for the MCR. Most of these are subsidised to some degree and are a great chance to enjoy Oxford with your fellow graduates. We will make sure that, whatever the covid situation, there will be events for you to enjoy.

The Friday Night Social

The famous MCR social takes place (you've guessed it) every Friday night in the MCR. With free drinks, great tunes and sometimes a theme, the social is a great opportunity to unwind, have fun and get to know your fellow MCR members.

Bops

Bops (the Oxford word for "fancy dress party") are nights held in the College bar, usually every other week. They always have a theme and the JCR love to get dressed/boozed up. They're always very cheap nights and a good laugh with your friends, if you're willing to put up with the JCR attempts at DJing (there's a wide range of abilities, mostly...interesting...).

Other colleges will also hold bops throughout the year which you can attend. These are fun cheap nights that give you the opportunity to dress up!

Committee

The committee is responsible for running the MCR. We organise events, provide welfare assistance and generally try and ensure the MCR is a nice place to be. The committee is headed up by the President Ricardo De Luca e Tuma, who is assisted by the Vice President Ed Nathan. Other members of the committee include the Welfare Officers Jake Fawkes and Michelle Ma and Ricardo de Luca, Social Secretaries Edie Guo and Thomas Medina Mora, and Wining and Dining Officer Deborah Miori, who is in charge of organising formal halls and exchange events. The Secretary is Kat Friege, responsible for the smooth running of committee meetings and making sure we all stick to tasks.

Elections for committee positions are usually held in 5th Week, Michaelmas term. The term of office is one calendar year, though if you are only here for a one-year course, you can still stand for election and get two academic terms (Hilary and Trinity) to fulfil your role. In 5th Week of Trinity we hold a by-election for all positions that are vacated by outgoing students.

Committee meetings are held weekly during term time and we also hold two general meetings per term, when all MCR members may attend and general business is discussed.



Extracurricular

Sport

College clubs

There are many sports clubs at St Hugh's: football, netball, badminton, hockey, and darts to name but a few. The level of competition varies, but it does tend to be at a lower standard than University sport. Most sports have an intercollegiate competition called cuppers, where you compete against other colleges. The clubs are mainly run by the JCR, although there is an MCR football team. For more information check out the JCR website: <http://jcr.st-hughs.ox.ac.uk> and visit the stalls at the College Freshers' Fair during noughth week.

For some of the cuppers events it is also possible to create a team with your MCR friends, without representing a particular club.

MCR Football

St Hugh's MCR Football Club (SHMCRFC) was formed in 2012 to create a team exclusively for MCR members and to better accommodate their playing needs. Matches are on Saturday mornings, so as not to interfere with people's weekday schedules. SHMCRFC does not have official training sessions, but does frequently have 'kick-about' sessions on a 6v6 AstroTurf pitch. The club won the university league in 2021. Join the Facebook group for more details, or you can send an email to our sports rep. <https://www.facebook.com/groups/463383020417105>

Rowing

Rowing is huge in Oxford and St Hugh's is no exception. We have several boats that compete in the three main regattas: novice eights compete in Christ Church Regatta towards the end of Michaelmas term, Torpids take place in Hilary, and the season culminates in Summer Eights during Trinity. If you prefer to watch other people exerting themselves, Summer Eights is a great chance to take in the rowing with Pimm's and strawberries provided by the catering staff in summer. The St Hugh's boathouse is the first building you reach on Boathouse Island, just beyond Christ Church Meadow.

University Sport

The University caters for almost all sports to some degree. Competing for the university in a varsity match against Cambridge can earn you a Blue, a coveted accolade. Check out the University's Freshers' Fair during noughth week to see what interests you. The MCR has a small budget to cover costs (equipment etc) for athletes achieving Blues standard. Get in touch with the Sports rep for more information.

Gym

The College gym is in the basement of the Rachel Trickett Building, near the bar. It can be reached by walking past the JCR parallel to St Margaret's Road and going down the second staircase to the basement. It is kitted out with a few ergs (rowing machines), cycling machines, treadmills, and weight machines. There is a separate room for the rowers. To get access to the gym you will need to pay the membership fee of £33 per term or £65 per year, and arrange an induction. These normally happen at the start of term.

MCR sports equipment

The MCR has a croquet set for use on the lawn just outside and there will be people willing to teach you how to play if you haven't before. It's best enjoyed with Pimm's and faux-pretentious accents, though it's by no means a posh game (honest!).

We also have volleyball, football, frisbee, badminton and other sports equipment. The MCR shares a couple of table tennis bats with the JCR for use in the bar; just ask the bar staff. If there is something broken or that you think is missing from our stock, bring it up with the sports rep.

Our members also have access to squash courts at Wolfson College. Slots need to be booked in our Lodge. We also have access to tennis courts shared with Keble College on Woodstock Road. Ask the Lodge for the keys.

Punting

Punting normally takes place during Trinity term when the weather turns nice. Like croquet, it's best enjoyed with Pimm's. The MCR subsidises punting trips involving MCR members during Trinity Term (look out for the announcement email). To get reimbursed you will need to leave your bank details and the receipt with the Sports Rep.

You can punt from either of the two boathouses. Closest to College is the Cherwell boathouse on Bardwell Road, about 5-10 minute walk away. Prices are £16-£17 per hour, weekdays/weekends. Magdalen Bridge boathouse is more expensive at £20 and tends to be far busier with tourists.

Societies

Like sports clubs, there are a number of societies catering for all your needs, from national societies, subject groups, common interest clubs and many more. Again, those not offered by College will almost certainly be available at University level, so check out the freshers' fairs. And if you still can't find what you're looking for, if you can find enough like-minded people you can set it up yourself!

Full lists of sports clubs and societies in the University can be found at www.oxfordsu.org/communities/clubs-and-socs/

Music

St Hugh's boasts a vibrant and talented music society that features a number of groups which vary from year to year. We've had a fabulous string quartet and orchestra, an all-female choir, cool capella and barbershop groups. Together with the classic Chapel Choir, they entertain the College community and perform in a number of concerts throughout the academic year. The weekly services in the College Chapel are supported by the Chapel Choir. The Chapel Choir is a very good and non-auditioning mixed choir. It welcomes and encourages members of all singing abilities and religions and rehearses twice a week. If you enjoy singing and music and are interested in joining the Choir, or any of the other music groups, look out for their stands at the St Hugh's Freshers' Fair!

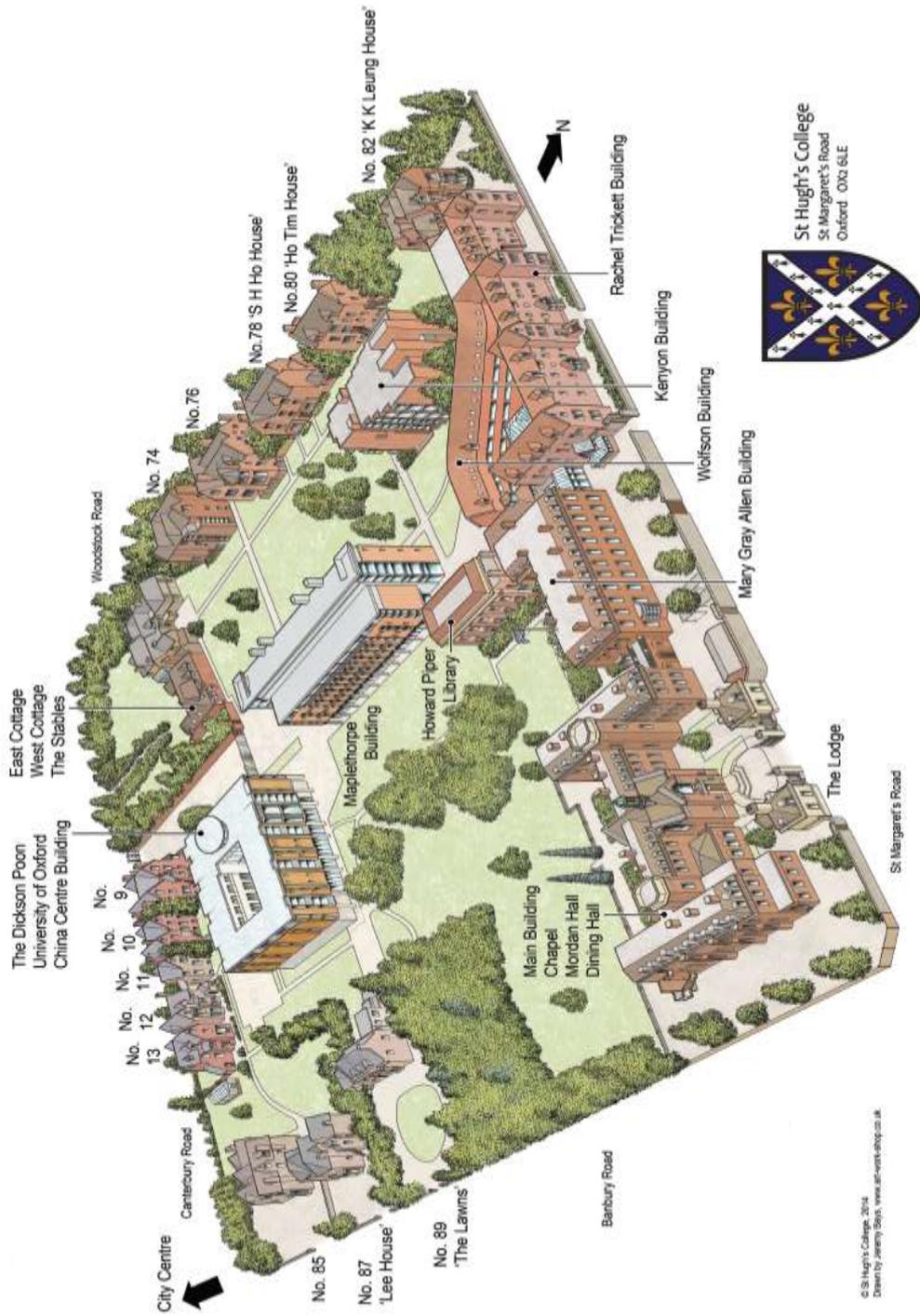


Glossary

Battels	(pl) Bills from College
Boatie	<i>see</i> Rower
Bod	(abbr.) Bodleian library
Bod card	(n) Library card/ID/access card/payment card for meals. Without it life gets rather difficult.
Bop	(n) Party in the College bar, normally fancy dress.
Coming up	(vb) Arriving in oxford
Cuppers	(n) Intercollegiate sports tournaments
Dean	(n) He who must not be named, responsible for discipline.
Don	(n) A fellow of an Oxford college
Fellow <i>see also</i> SCR	(n) A member of the College teaching staff: tutors, lecturers
Formal	1. (n) Formal Hall 2. (adj) Dress code for formal Hall
Fresher	(n) First year student
Going down	(vb) Leaving Oxford
Hack	(n) Wannabe future prime minister/dictator. Often found hanging around the Oxford Union/OxfordSU/committee meetings.
Hall	(n) Dining hall; food provided therein
Hilary <i>see also</i> Michaelmas; Trinity	(n) Spring term: January to March. Notorious for cold, wet weather.
JCR	(acr) Junior Common Room 1. (n) Undergraduate student body 2. (n) Room above the bar with Sky TV
Matriculation	(n) Registration ceremony which takes place in the Sheldonian Theatre

MCR	(acr) Middle Common Room 1. (n) Graduate student body 2. (n) Common room used by graduates in 87 Banbury Road.
Michaelmas <i>see also Hilary;</i> Trinity	(n) Autumn term: October to December. First term of the academic year.
Norrington Table	(n) Academic “league table” of Oxford colleges, which tracks the number of undergraduate 1st-class degrees awarded. A highly variable and highly spurious way of comparing the colleges!
OUSU	(acr) Oxford University Student Union – now called ‘Oxford SU’
Oxford Union	1. (n) University debating society, famed for their mass-debaters. 2. (n) Building where debates and speeches are held.
Principal	(n) Head of the College, currently Dame Elish Angiolini
Proctor	(n) Senior members of the University responsible for its rules and discipline. There are officially two - a Junior Proctor and a Senior Proctor. Hopefully you’ll never encounter them...
Punt	1. (n) A long, flat water vessel propelled by a long pole. 2. (vb) About the most inefficient means of propulsion through water. Great fun.
Rower <i>also Boatie</i>	(n) Those with a propensity to Lycra, early mornings and physical pain.
Rusticate	(vb) to be suspended from the University on disciplinary grounds – literally ‘made rustic; sent to the country’. <i>See also: Sent Down</i>
SCR <i>see also Fellows</i>	(acr) Senior Common Room 1. (n) Fellows of the College 2. (n) Common room located in Main Building next to the Principal’s office.
Sent down	(vb) to be expelled from the University.
Subfusc	(n) Fancy dress worn when sitting exams. Deemed a stupid tradition by some students. <i>see also Trashing</i>
Trashing <i>see also Subfusc</i>	(vb) Defacing subfusc after final exams, usually involving food. Deemed a stupid and anti-social tradition by some proctors, and heavily fined.
Trinity	(n) Summer term: May to June. So-called for the three ‘P’s: Pimm’s, punting and PDS (pre-deadline stress disorder).
Tute	(abbr) Tutorial (n) Small class or one to one teaching
Vice Chancellor	(n) Head of the University of Oxford, currently Louise Richardson

Map of College



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