## 8<sup>th</sup> Week Trinity Term ~ Dining Hall Menu ~ 13-19 June 2022

## MENU - MCR & JCR

Breakfast 8.30 – 9.30am Monday-Friday	Monday Meat Free Day	Tuesday Burger Day	Wednesday  Healthy Lunch  Wednesday	Thursday	Friday	Saturday	Sunday
Lunch 12.30 - 1.30pm  the Lunch 12.30 - 1.30	Mexican Quinoa Stuffed Pepper (Vegan)  Spaghetti Puttanesca with Red Beans and Spinach (Vegan)  Garlic Bread Mixed Vegetables	Beetroot & Lentil Burger with Gherkins, Herb Mayo & Sesame Seed Bun (Vegetarian)  Steak Burger with Cheese, Gherkins, Chipotle Sauce & Sesame Seed Bun  Skinny Fries Slaw Onion Rings	Black Bean and Quinoa Balls with Sun-Dried Tomato Sauce (Vegan)  Blackened Chicken Breast Fiesta Salad with Sourdough Croutons & Tzatziki  Steamed Potatoes Green Beans Turmeric Roasted Cauliflower	Kung Pao-Style Cauliflower and Kidney Beans (Vegan)  Spare Rib Pork Shoulder Chop with BBQ Sauce  Roast Sweet Potato Corn on the Cob Roasted Carrots	Lentil Balls In Creamy Tomato Sauce with Brown Rice (Vegan)  Beer Battered Haddock with Homemade Tartar Sauce  Chips Peas	ST HUGH'S BRUNCH  10.30am- 1.30pm  EGG, BACON SAUSAGE, TOMATO, BAKED BEANS, HASH BROWNS, MUSHROOMS & VEGETARIAN SAUSAGE  TOAST CROISSANT WAFFLE WITH BUTTERSCOTCH OR CHOCOLATE SAUCE	ST HUGH'S BRUNCH  10.30am- 1.30pm  EGG, BACON SAUSAGE, TOMATO, BAKED BEANS, HASH BROWNS, MUSHROOMS & VEGETARIAN SAUSAGE  TOAST CROISSANT WAFFLE WITH BUTTERSCOTCH OR CHOCOLATE SAUCE
Dinner 6.00 - 7.15pm  Allergens in these recipes are subject to change! Always check the daily allergy menu or talk to a member of staff before purchasing your meal	Vegan Kofte with Spicy Tomato Sauce (Vegan)  Chili Sin Carne (Vegan)  Rice  Sweetcorn & Peas Salad	Formal Hall  Early Hall 5-6pm (Takeaway Only)	Tofu Tikka Kebabs with Moroccan Lentils (Vegetarian)  Creamy Salmon, Broccoli & Potato Bake  Mixed Salad Leaves Petit Pois	Curry Night Caribbean  Chickpea Curry with Jacket Sweet Potato (Vegan)  Jamaican Jerk Chicken Thighs  Rice & Beans  Broccoli	Vegetable Lasagne (Vegetarian)  Italian Meatballs in Spicy Tomato Sauce  Spaghetti  Garlic Bread Rocket Salad		

Please note: this menu is subject to change depending on availability. We provide menus daily to include important information regarding allergens and dietary requirements: St Hugh's College is not in a position to guarantee a completely allergen free environment, but aims to minimise the risk of exposure. We encourage individuals to take responsibility for themselves, and plan for effective response to possible emergencies.

Please note that by informing us of your allergens and/or dietary requirements, you acknowledge our right to process this information, and confirm that you will be expected to grant us explicit consent to hold this information.