## 0<sup>th</sup> Week Hilary Term ~ Hall Menu ~ 9-15 January 2023

## MENU - MCR & JCR

MENU - MCR		Ţ			T		Ī
Breakfast 8.00–9.30am Monday-Friday	<i>Monday</i> <u>Vegetarian</u> <u>Monday</u>	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
the FoodChecker  ALLERGEN & NUTRITIONAL PORTAL  Please scan the QR code to check allergen & nutritional information	General Tso's Cauliflower with Special Fried Rice (Vegan)  Creamy Tomato Pasta Bake (Vegetarian)  Sautéed Leeks & Greens	Quesadilla with Chargrilled Pepper, Mushrooms and Refried Beans (Vegan)  Chicken & Jalapeño Quesadilla  Spicy Jacket Wedges  Roasted Corn on the Cob  Coriander & Lime Slaw	Green Harissa Pulled Jackfruit Pitta with Crispy Artichoke & Babaganoush (Vegan)  Middle Eastern Flatbread with Pulled Pork  Rice  Broccoli, Carrots	Butternut, Feta Cheese & Red Onion Strudel (Vegetarian)  Roast Chicken with Apple, Sage & Onion Stuffing  Roast Potatoes Roasted Carrots, Cauliflower Cheese	Creamy Carboonara (Vegan)  Freshly Battered Haddock with Tartar Sauce  Frites  Peas, Sweetcorn	ST HUGH'S BRUNCH  10.30am- 1.30pm  EGG, BACON SAUSAGE, TOMATO, BAKED BEANS, HASH BROWNS, MUSHROOMS & VEGETARIAN SAUSAGE  TOAST CROISSANT WAFFLE WITH BUTTERSCOTCH OR CHOCOLATE SAUCE	ST HUGH'S BRUNCH  10.30am- 1.30pm  EGG, BACON SAUSAGE, TOMATO, BAKED BEANS, HASH BROWNS, MUSHROOMS & VEGETARIAN SAUSAGE  TOAST CROISSANT WAFFLE WITH BUTTERSCOTCH OR CHOCOLATE SAUCE
Dinner 6.00-7.15pm  Allergens in these recipes are subject to change! Always check the daily allergy menu or talk to a member of staff before purchasing your meal	Creamy Cauliflower & Quorn Puff Pastry Pie (Vegetarian)  Caribbean Black- Eyed Peas Stew (Vegan)  Steamed Baby Potatoes  Peas & Sweetcorn Salad	Crispy Potato & Halloumi Bake (Vegetarian)  Cottage Pie with Cheesy Mash  Savoy Cabbage, Green Beans	Artichoke, Olive and Pesto Pizza (Vegetarian)  Hawaiian Pizza  Curly Fries, Salad	Char Kuey Teow (Vegan)  Beef Rendang  Noodles  Naan Bread, Onion Bhaji	Spinach & Artichoke Pasta (Vegan)  Breaded Chicken Fillet with a Creamy Pesto Sauce  Penne Pasta Mixed Vegetables		

Please note: this menu is subject to change depending on availability. Sweet of the day will be on a first come, first served basis.

We provide menus daily to include important information regarding allergens and dietary requirements: St Hugh's College is not in a position to guarantee a completely allergen free environment, but aims to minimise the risk of exposure. We encourage individuals to take responsibility for themselves, and plan for effective response to possible emergencies.

Please note that by informing us of your allergens and/or dietary requirements, you acknowledge our right to process this information, and confirm that you will be expected to grant us explicit consent to hold this information.