3^{rd} Week Hilary Term ~ Hall Menu ~ 30 January-5 February 2023

MENU - MCR & JCR

Breakfast 8.00–9.30am Monday-Friday	Monday <u>Vegetarian</u> <u>Monday</u>	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch 12.30-1.30pm	Tempeh Green Jungle Curry (Vegan)	Vegan Burrito (Vegan)	Chickpea Creole Gumbo (Vegan)	Mini Chilli Bowls (Vegan)	Yaki Soba Noodle Stir-fry (Vegan)	ST HUGH'S BRUNCH	ST HUGH'S BRUNCH
the FoodChecker ALLERGEN & NUTRITIONAL PORTAL Please scan the QR code to check allergen & nutritional information	Grilled Halloumi, Poached Egg with a Kale, Spinach Chickpea Salad (Vegetarian) Long Grain Rice	Chilli Beef & Rice Burrito Sautéed Courgettes, Mexican Salad	Crispy Panko Hake Fillet with Tomato, Lemon & Olive Salsa New Potatoes Broccoli, Petit Pois	Honey & Mustard Roasted Gammon Roast Potatoes Mashed Swede, Savoy Cabbage	Beer Battered Cod with Homemade Tartar Sauce Frites Peas, Carrots à la Crème	10.30am- 1.30pm EGG, BACON SAUSAGE, TOMATO, BAKED BEANS, HASH BROWNS, MUSHROOMS & VEGETARIAN SAUSAGE TOAST CROISSANT WAFFLE WITH BUTTERSCOTCH OR CHOCOLATE SAUCE	10.30am- 1.30pm EGG, BACON SAUSAGE, TOMATO, BAKED BEANS, HASH BROWNS, MUSHROOMS & VEGETARIAN SAUSAGE TOAST CROISSANT WAFFLE WITH BUTTERSCOTCH OR CHOCOLATE SAUCE
Dinner 6.00-7.15pm Allergens in these recipes are subject to change! Always check the daily allergy menu or talk to a member of staff before purchasing your meal	Garlic Mushroom & Rocket Pizza (Vegetarian) Ultimate Veggie Pizza (Vegetarian) Curly Fries Sweetcorn, Salad	Pink Charity Formal Hall Early Hall 5-6pm (TAKE-AWAY ONLY)	Vegetable Tikka Pie (Vegan) Chicken Tikka Pie Herby Diced Potatoes Winter Greens, Green Beans	Spinach & Cream Cheese Lasagne (Vegetarian) Beef Bolognaise Spaghetti Garlic Bread, Rocket Salad	Japanese Curry (Vegan) Katsu Chicken Rice Curried Vegetables		

Please note: this menu is subject to change depending on availability. Sweet of the day will be on a first come, first served basis. We provide menus daily to include important information regarding allergens and dietary requirements: St Hugh's College is not in a position to guarantee a completely allergen free environment, but aims to minimise the risk of exposure. We encourage individuals to take responsibility for themselves, and plan for effective response to possible emergencies.

Please note that by informing us of your allergens and/or dietary requirements, you acknowledge our right to process this information, and confirm that you will be expected to grant us explicit consent to hold this information.