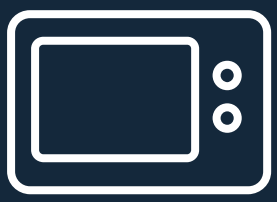
MICROWAVE SAFETY

Simple rules to keep our shared kitchens safe



01 CONTAINERS & MATERIALS

USE
Only microwave-safe glass, Pyrex or marked plastics.

NO METAL
Remove foil, metal trays, cutlery and twist-ties.

NO DISPOSABLE PLASTICS
Avoid margarine tubs, foam boxes and carrier bags.

NO PAPER BAGS
Brown paper bags can catch fire.

02 SAFE OPERATION

NEVER RUN EMPTY
Always have food or liquid inside.

NOT FOR STORAGE
Keep bread, cereal and personal items out.

PLUG INTO WALL
Do not use extension leads or multi-way adapters.

KEEP VENTS CLEAR
Do not block top or side ventilation slots.

IF THERE IS A FIRE
Keep door closed and switch off at the wall.

03 FOOD & STEAM SAFETY

NO WHOLE EGGS
Never heat eggs in their shells.

PIERCE SKINS
Prick potatoes, tomatoes and sausages.

VENT LIDS
Do not heat sealed jars; loosen lids or pierce film.

STIR & REST
Stir halfway through to reduce cold spots.

HOT LIQUIDS
Leave hot drinks for a minute before handling.

04 MAINTENANCE & CARE

WIPE AFTER USE
Clean splatters and door seals.

CHECK FOR DAMAGE
Stop use if door, hinges or window mesh are damaged.

REPORT FAULTS
Unplug if sparking, noisy or not heating; use the maintenance request form.

STOP USING A DAMAGED OR FAULTY MICROWAVE

Unplug where safe and report via the maintenance request form.